



Sara G. Parchello

Partner

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Toronto

EDUCATION

University of Saskatchewan, BA
(International Studies), 2000, with high
honours

University of Ottawa, LLB, 2006

BAR ADMISSIONS

Ontario, 2007

Sara Parchello provides strategic and practical advisory services and is a trusted counsel to her clients.

Sara has an employment and labour focused legal practice, with considerable understanding of the retail, hospitality, and mining industries. She is a specialized resource for HR professionals and in-house counsel generalists to consult on employment-related issues, including drafting and enforcing restrictive covenants, human resources policy development, accommodation and disabilities, and advice on workplace harassment complaints and investigations. She also provides employment litigation services and labour arbitration in the provincial and federal sector. Sara is regularly engaged by clients to provide respect in the workplace training with a focus on employer obligations under the *Occupational Health & Safety Act* and the *Human Rights Code*.

“She has a lot of industry experience. She really brings practical experience, and is like a business partner with legal peers.”

Chambers Canada 2018

Prior to joining Bennett Jones, Sara was Vice President & Associate General Counsel at Hudson's Bay Company and was previously was an associate at another leading Canadian law firm. She is also an advisory board member of Practical Law Canada and a member of the ACO Human Resources Committee.

At the University of Ottawa, Sara earned the Beament Green Prize in Advocacy, the Maritime Law Book Ltd. Scholarship, and the Nelligan O'Brien Payne LLP Prize. Sara also completed the Business Leadership for Women Lawyers through the Rotman School of Management at the University of Toronto.

